



Simply call...

to find services that help you stay healthy and active.

We will help you find services such as:

- Homemaking
- Transportation
- Meals on Wheels
- Social and Recreational Activities
- Nursing
- Caregiver Support

We can connect you with over 20 trusted non-profit community agencies including the Alzheimer Society of York Region, Baycrest Centre for Geriatric Care, the Canadian Red Cross, North York General Hospital Elder Care, and the Central Community Care Access Centre. (**Note:** many services have fees)



Doorways to Care

1-866-626-0222

Help is on the line: 8:30 am–8:30 pm, 7 Days a week

www.doorwaystocare.ca

Connecting you with community services for seniors across North York, York Region and area.